

## One of the Prophet's ﷺ Supplications for the Sick

It is narrated from 'Aa'ishah (RadyiAllaahu 'an-haa) that the Prophet ﷺ used to visit some of his family who were ill and he would wipe his *right hand* on them while saying:

اللَّهُمَّ رَبَّ النَّاسِ، اذْهَبِ الْبَأْسَ، اشْفِ أَنْتَ الشَّافِي، لَا شِفَاءَ إِلَّا شِفَاؤُكَ، شِفَاءٌ لَا يُغَادِرُ سَقَمًا  
Oh Allaah! Lord of the people! Remove the affliction and grant healing. You are the One Who cures and there is no cure except Your cure. It is a cure that leaves behind no sickness.

اللَّهُمَّ رَبَّ النَّاسِ،

Allaahum-ma Rab-ban-Naas(i)

"Oh Allâh! Lord of the people,

اذْهَبِ الْبَأْسَ،

Adh-hibil-Ba-'s(a)

Remove the affliction,

اشْفِ

Ish-fi

Grant healing.

أَنْتَ الشَّافِي،

Anta-sh-Shaa-fee

You are the One Who cures!

لَا شِفَاءَ إِلَّا شِفَاؤُكَ،

Laa Shi-faa-'a il-laa Shi-faa-'u-k(a)

There is no cure except Your cure,

شِفَاءٌ لَا يُغَادِرُ سَقَمًا

Shi-faa-'an Laa Yu-ghaa-di-ru saqama(n).

It is a cure that leaves behind no sickness.

[al-Bukhaaree & Muslim]